Specific Intervention Plan: Guide to Establishing Priorities

Ruth Aspy, Ph.D., and Barry G. Grossman, Ph.D.

INSTRUCTIONS: Use the ABC-I when designing an intervention to address specific behavioral concerns. Complete the questionnaire below. Transfer the information to the ABC-I form (using the numbers as a guide) and to the Ziggurat Worksheet as indicated. Once the information has been transferred to the Ziggurat Worksheet, develop interventions for each level of the Ziggurat and ensure that the intervention is complete (5 levels, 3 points, addresses underlying needs).

Behavior

What specific behavior is of greatest concern? _____

Transfer behavior to the top of the ABC-I ❶ and to the upper-left corner of the Ziggurat Worksheet.

Next to the 👁 icon, describe the behavior in observable, measurable terms.

👁 👁

👁 👁

👁 👁

Place observable, measurable behavior descriptions next to the 👁 icon on the ABC-I ❷ and on the Ziggurat Worksheet.

Antecedents

When and where does the behavior occur? List what is happening at the time or just before.

- • • •
- • • •

Transfer to the antecedents column of the ABC-I ❸

Consequences

List what usually happens after the behavior occurs.

- • • •
- • • •

Transfer to the consequences column of the ABC-I ❹

Underlying Characteristics

Review **ALL** the checked UCC items. Identify underlying characteristics that may be associated with the behaviors described on the ABC-I. *List the UCC item numbers and a brief description of the item on the bottom of the ABC-I ❺ and next to the # icons in the "Selected UCC Items" section on the Ziggurat Worksheet.*

Function

Behavior serves a purpose. Common functions include:

- Escape/avoidance
- Sensory stimulation
- Adult/peer attention
- Access to preferred activity
- Tangible items
- Other

What is the hypothesized function of the behavior? _____

From Aspy, R., & Grossman, B. G. (2011). *The Ziggurat Model*. Shawnee Mission, KS: AAPC Publishing; www. aapcpublishing.net; used with permission.

ABC-I

Ruth Aspy, Ph.D., and Barry G. Grossman, Ph.D.

Antecedent(s) → **Behavior** → **Consequence(s)**

1 _____

3 • • • • •

2 ◎ ◎ ◎ ◎ ◎

4 • • • • •

Specific Behaviors

Underlying Characteristics

5

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

From Aspy, R., & Grossman, B. G. (2011). *The Ziggurat Model*. Shawnee Mission, KS: AAPC Publishing; www. aapcpublishing.net; used with permission.