INTERVENTION ZIGGURAT

Skills to Teach
Address skill deficits
- Social
- Restricted patterns
- Communication
- Sensory
- Cognitive
- Motor
- Emotional

Task Demands
Remove obstacles
- Social
- Restricted patterns
- Communication
- Sensory
- Cognitive
- Motor
- Emotional

Structure and Visual/Tactile Supports
Create predictability
- Prepare for change
- Provide routine
- Walk through new activities
Use visual supports to hold information still
- Video
- Stories and cartoons
- Schedules and checklists
- Graphic/tactile organizers

Reinforcement
Provide reinforcement
- Contingent on expected behavior
- Frequent and consistent
- Self-selected
- Gradually decrease use
Provide range of reinforcers
- Concrete, activities, privileges
- Use restricted interests
- Pair social with tangible reinforcement

Sensory and Biological
Provide a sensory diet
Monitor and address environmental stressors:
- Sound, light, proximity/personal space, textures
- Movement needs
Monitor and address:
- Appetite/hunger
- Activity level (e.g., fatigue, hyper)
- Posture and movement
- Medical needs